

Instructions for Diabetic/Weight Loss Medications

Patients who use an insulin pump or patch OR take medications not listed below **MUST CONSULT with their endocrinologist or prescribing provider for directions.**

For patients taking injectable **Insulin** medications to control blood glucose:

Drug	Dosing	Night Before Procedure	Morning of Procedure	Notes
Novolog 70/30	Twice daily	Take normal dose	½ of normal dose	Ask your prescribing physician if you have additional questions regarding your insulin
NPH (Humulin N; Novolin N; 70/30)	1-2 Daily	Take normal dose	½ of normal dose	
Lantus	1-2 Daily	Take normal dose	½ of normal dose	
Tresiba	Daily	Take normal dose	½ of normal dose	
Humalog (short acting)	With meals	Take normal dose	DO NOT TAKE	
Novolog (short acting)	With meals	Take normal dose	DO NOT TAKE	

Patients taking oral medications (pills or tablets by mouth) for blood glucose control **OR** weight loss:

Drug	Dosing	Night Before Procedure	Morning of Procedure	Notes
Invokana (canagliflozin)	Daily	DO NOT TAKE	DO NOT TAKE	DO NOT TAKE FOR THREE DAYS PRIOR TO YOUR PROCEDURE
Farxiga (dapagliflozin)	Daily	DO NOT TAKE	DO NOT TAKE	
Jardiance (empagliflozin)	DAILY	DO NOT TAKE	DO NOT TAKE	
Glucotrol (glipizide)	Daily/twice daily	Take normal dose	DO NOT TAKE	
Glucophage (metformin)	Daily/twice daily	Take normal dose	DO NOT TAKE	
Januvia (sitagliptin)	Daily	Take normal dose	DO NOT TAKE	

Non-insulin injectables for blood sugar control **OR** weight loss- Modification for NPO patients

Drug	Notes
<ul style="list-style-type: none"> -semaglutide (Ozempic, Rybelsus, Wegovy) -dulaglutide (Trulicity) -liraglutide (Victoza, Saxenda) -exenatide (Bydureon, Byetta) -tirzepatide (Mounjaro, Zepbound) -lixisenatide (Adlyxin, Lyxumia) -pramlintide (SymlinPen) -retatrutide 	<p>Clear liquids ONLY starting at 7am the day before your procedure.</p> <p>Nothing by mouth 4 hours before your procedure.</p> <p>FAILURE TO FOLLOW THESE INSTRUCTIONS WILL RESULT IN THE CANCELLATION OF YOUR PROCEDURE</p>

Instructions for treating Hypo/Hyperglycemia in NPO patients

Glucose	Action	Follow-Up
>200 mg/dL	Take ½ usual correction dose (target glucose is 150 mg/dL)	Recheck glucose in 4 hours
70-200 mg/dL	Do not take correction dose	No action necessary
<70 mg/dL	Treat with either: <ul style="list-style-type: none"> - Glucose Gel/Tabs OR - ½ cup of clear, carbohydrate containing liquid (apple or cranberry juice, soda) 	<ul style="list-style-type: none"> - Recheck glucose in 15 minutes - Repeat treatment for glucose <70mg/dL

You must remain NPO (nothing by mouth) 4 hours prior to your endoscopy procedure – this includes chewing tobacco water, gum & mints.